

## PREGNANCY MASSAGE COURSE

On successful completion of this course it would enable you to perform Pregnancy Massage on a client. THIS COURSE CONSISTS OF THEORY AND PRACTICAL TRAINING.

**PREGNANCY MASSAGE** is a treatment which is based on the consideration to the client and her needs at this time during her pregnancy.

The student is taught a series of techniques which are at times soothing to alleviate stress and at other times slightly stimulating to improve circulation and any particular **non** medical conditions which may concern the pregnant client.

The student will be shown how to prepare special equipment and the massage bed to enable the client maximum enjoyment and relaxation for the duration of the massage.

UPON SUCCESSFUL COMPLETION OF ALL ASSESSMENTS THE STUDENT WILL RECEIVE A CERTIFICATE IN **PREGNANCY** FROM HYDE PARK COLLEGE OF SKIN AND BODY THERAPY.

### **PRE REQUISITES:**

The student will already have studied, completed and passed the Anatomy of the whole body and Body Massage.

**COURSE COST: 775 inc theory and notes.**

Massage bed cushions for pregnancy massage optional purchase.

### **COURSE PROGRAM:**

The main aim of the Hyde Park College of Skin and Body Therapy **2 day PREGNANCY MASSAGE** Certificate course is to enable candidates to provide treatments for the purposes of relaxation, comfort and stress release to the **PREGNANT WOMAN**.

## PREGNANCY MASSAGE COURSE

The student will study the theory of **PREGNANCY MASSAGE** treatments.

The student will already have studied, completed and passed the Anatomy & Physiology of the whole body and studied Body Massage.

Contra-indications and recognition of skin diseases and disorders are also a vital part of their training as well as the underpinning knowledge and skills required to successfully perform the treatment of pregnancy massage.

Client care and advice and sales are also part of this course. Full time and part time requires practice and study time at home outside of College training hours.

**Practical and Theory Assessments are carried out one week after the course has finished.**

### **FULL TIME TRAINING**

**DURATION: 2 Days 9am—5pm.**

**Tuition fee is 775**

### **PART TIME TRAINING**

**DAY TIME DURATION: 2 weeks**

**1 day per week from 9am– 5pm**

### **EVENING TIME DURATION:**

**1 evening for 4 weeks 6-9pm**

**The cost of the evening course is 875 which includes all theory notes.**



## **PREGNANCY MASSAGE TRAINING COURSE**

**Another Specialist Training Course from Hyde Park College of Skin and Body Therapy**

**An International Training College.**

**Other Specialist Training Courses from Hyde Park College of Skin and Body Therapy.**

- **Lithos Warm and Chilled Rocks Massage Course**
- **Indian Head Massage Course**
- **Reflexology Course**
- **Aromatherapy Course**
- **Reiki Course**
- **Spa Therapy Training Course**
- **Anatomy & Physiology**
- **Body Massage Course**
- **Lash Grafting course**
- **Manicure & Pedicure**



## **HYDE PARK COLLEGE OF SKIN AND BODY THERAPY**

### **PREGNANCY MASSAGE TRAINING COURSE**



**LEVEL ONE  
237-239 UNLEY ROAD  
MALVERN, S.A. 5061  
Ph.+61 8 8271 1433  
F +61 8 8373 3358  
[info@hydeparkbeauty.com.au](mailto:info@hydeparkbeauty.com.au)**

