

Indian Head Massage Course.

The main aim of the Hyde Park College of Skin and Body Therapy **2 day INDIAN HEAD** Certificate course is to enable candidates to provide treatments for the purposes of relaxation, comfort and stress release.

The candidate will study the theory of **INDIAN HEAD MASSAGE** treatments.

The student will already have studied, completed and passed the Anatomy of the whole body.

Contra-indications and recognition of skin diseases and disorders are also a vital part of their training as well as the underpinning knowledge and skills required to successfully perform the treatment of Indian Head Massage.

THIS COURSE CONSISTS OF THEORY AND PRACTICAL TRAINING.

Students will be also expected to study at home outside the College.

UPON SUCCESSFUL COMPLETION OF ALL ASSESSMENTS THE STUDENT WILL RECEIVE A CERTIFICATE IN **INDIAN HEAD MASSAGE** FROM HYDE PARK COLLEGE OF SKIN AND BODY THERAPY.

PRE REQUISITES:

An understanding of Anatomy & Physiology

COURSE COST: \$ 775 inc theory notes.

DEPOSIT: \$250



COURSE PROGRAM:

At the completion of this training

Students will be able to:

- Understand and explain the Holistic approach
- Understand and explain the history and concept of Indian Head massage
- Recognise common ailments and contraindications to Indian Head Massage
- Understand and explain the classical massage movements
- Understand and explain the structures they are working over and their function
- Understand and briefly explain other complementary therapies and when clients should be referred to this type of therapist

INDIAN HEAD MASSAGE PRACTICAL

- Demonstrate the Holistic Approach
- Understand and demonstrate the way integral biology should be considered during consultation and Indian Head Massage Treatment
- Demonstrate recognition of common ailments and contraindications to massage
- Demonstrate appropriate client care
- Demonstrate correct hygiene procedures
- Demonstrate use of the appropriate medium for the treatment and client's requirements
- Demonstrate the classical massage movements
- Demonstrate knowledge of the structures they are working over and their function
- Evaluate and review the massage treatment/programme
- Demonstrate and explain the importance of giving appropriate home care advice after treatment

INDIAN HEAD MASSAGE COURSE

Another Specialist Training Course from Hyde Park College of Skin and Body Therapy

An International Training College.

Other Specialist Training Courses from Hyde Park College of Skin and Body Therapy.

- Pregnancy Massage Course
- Lithos Warm & Chilled Rock Massage Course
- Reflexology Course
- Aromatherapy Course
- Reiki Course
- Spa Therapy Training Course
- Anatomy & Physiology
- Body Massage Course
- Lash Grafting course
- Manicure & Pedicure

HYDE PARK COLLEGE OF SKIN AND BODY THERAPY

INDIAN HEAD MASSAGE COURSE



LEVEL ONE
237-239 UNLEY ROAD
MALVERN, S.A. 5061
Ph.+61 8 8271 1433
F +61 8 8373 3358
info@hydeparkbeauty.com.au

